Dear Planners,

We have so much in common. Swipe right?

Nurses & Doctors
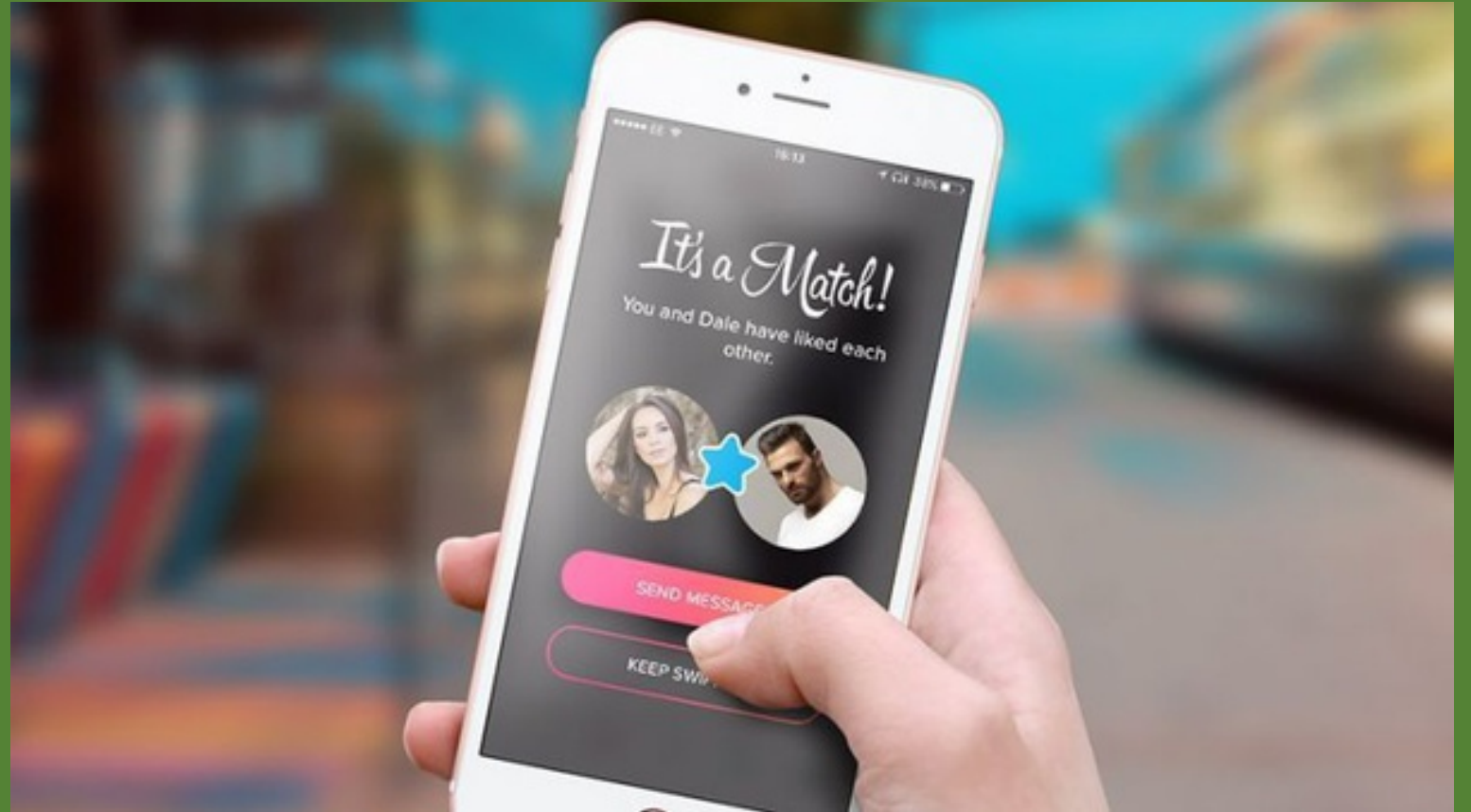
Planning and Health Care:

Not that different?

Common goal: Striving for health for Individuals, communities

Similar barriers to health:
- Specialized Language
- Barriers to access
- A challenge to surface _agency_
- Mostly downstream
    - Industry agendas
    - Danger of prioritizing short-term, performative, surface symptoms, ornamental
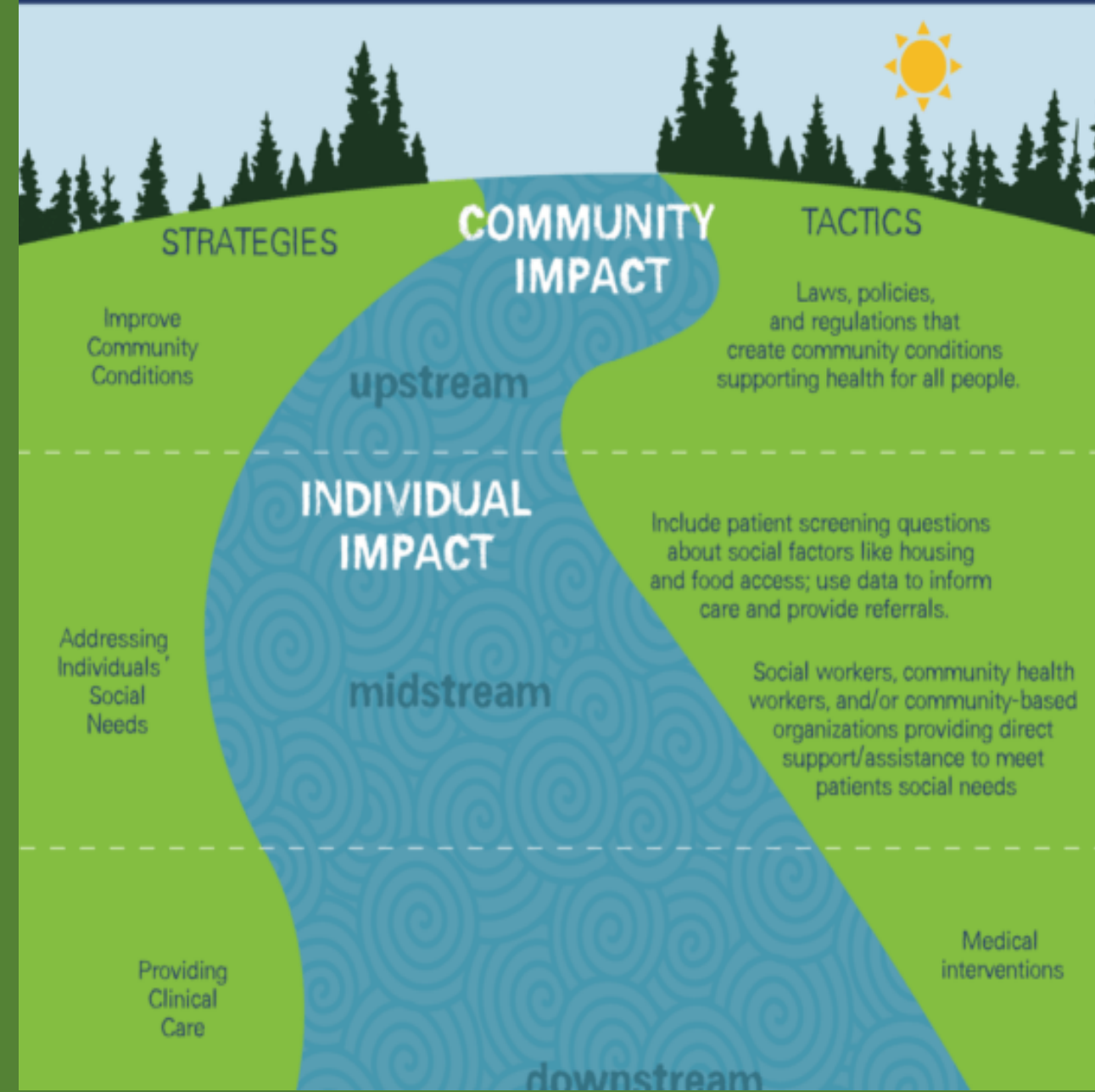
Working downstream . . .

But what does upstream mean?

- **Economy**
- **Education**
- **Food systems**
- **Environment**
- **Housing**
- **Culture**
- **Systemic Racism**
- **Etc . . .**

Is this upstream enough? Who has agency for economy, education, etc.?

SOCIAL DETERMINANTS AND SOCIAL NEEDS: MOVING BEYOND MIDSTREAM

STRATEGIES

COMMUNITY IMPACT

Improve Community Conditions

upstream

TACTICS

Laws, policies, and regulations that create community conditions supporting health for all people.

INDIVIDUAL IMPACT

Addressing Individuals' Social Needs

midstream

Include patient screening questions about social factors like housing and food access; use data to inform care and provide referrals.

Social workers, community health workers, and/or community-based organizations providing direct support/assistance to meet patients social needs

Providing Clinical Care

Medical interventions

downstream

Related but not identical:

Social Determinants of <u>Individual</u> Health
• Economy, education, housing, equity, etc..

**Social Determinants of <u>Community</u> Health Examples:**
• Shared values & narratives
• Mutual trust and respect
• Cultural practice and protocol
• Celebration
• Translational capacity
• Community owned institutions (CDCs, CDFIs, CHDOs, CDEs)

SOCIAL DETERMINANTS AND SOCIAL NEEDS: MOVING BEYOND MIDSTREAM

Even further upstream is Community Agency

STRATEGIES

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midstream

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downstream

Our Beloved Kalihi: What's going on Downstream?

- Transit Oriented Development (3 rail stops)

- Redevelopment of OCCC site

- Public Housing Redevelopment

- Fear of Gentrification/ Displacement

- What else?
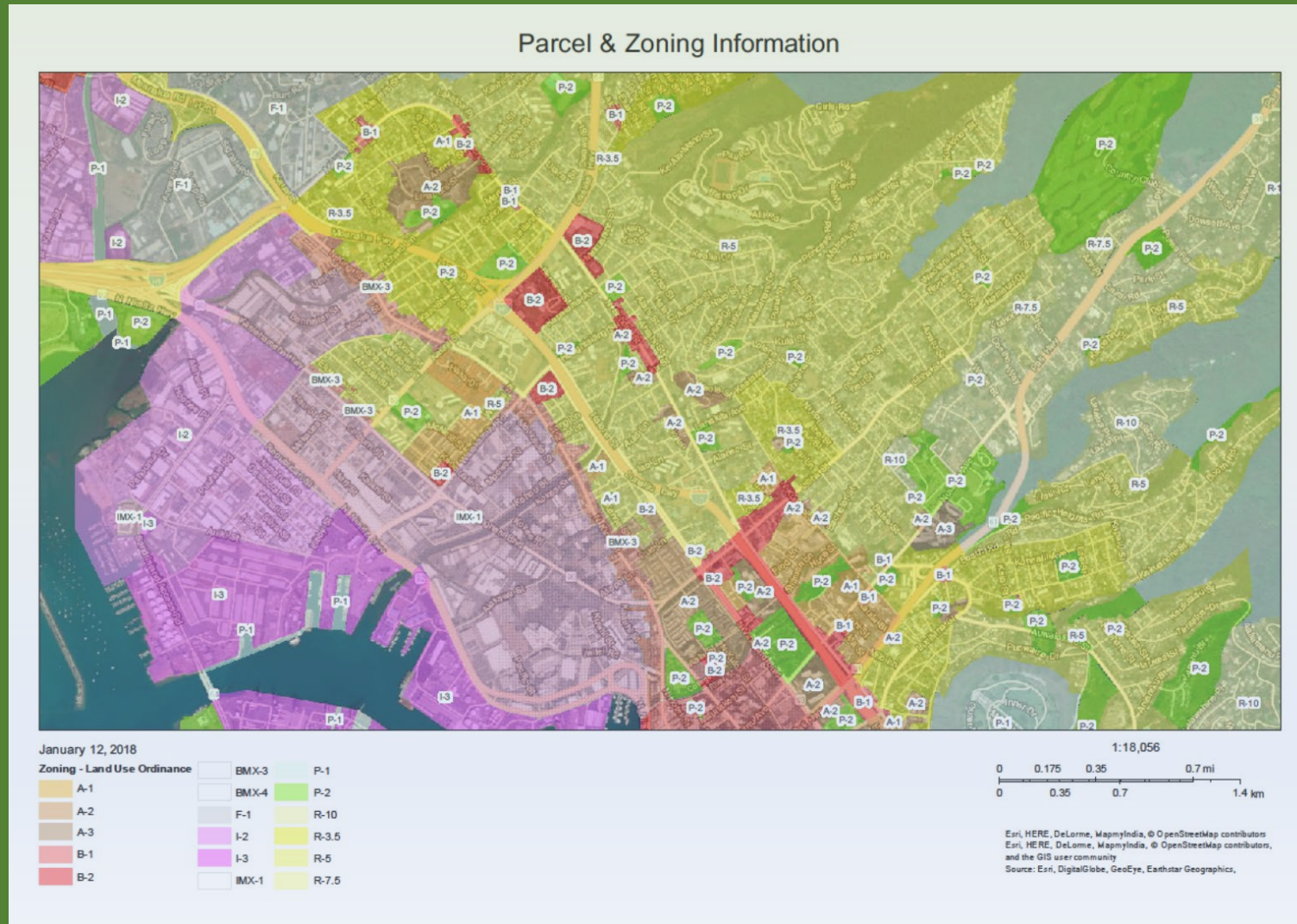
Zoom down to just one Ulu tree on Gulick Avenue . . .

Stories as catalyst for connection, health, resilience

Loss of stories as disconnection, displacement, pathology

COVID as Accelerant:

Through reaching out and connecting through accessible COVID testing, social determinants advocacy, deliveries of food, produce, hot meals and supplies, and listening to and sharing stories and gifts, both staff and community members are transformed.

"In the true essence of why KKV started, people are being reminded that we are descendants of those super aunties that went door to door – this is our genealogy."

How do we move upstream in the development of communities?

KKV's beginner's mind. We hope we're not eaten.

Health Framework

Pilinahā:
The Four Connections

Health is Connection
to place
to others
to past-present-future
to our best selves

Can this also be our framework for community development?

COVID PSA: It's our turn

https://www.youtube.com/watch?v=W9OFxtJkpEc

First: Transformational Hosting for Systems Change

Defined as fostering—through cultural protocol, storytelling, healing environment, shared meals, and slow, caring, respectful facilitation—the understanding, trust, and vulnerability necessary for a group of people to (re)awaken and employ their individual and collective capacity to affect positive change in their community.

We are not technical experts outside of the circle.
We are part of the circle.

Second: Leadership Development

Youth
Start early

Professional Students
Finance, Architecture, Planning, etc

Learning Collaboratives
"Human, Learning, Systems", Toby Lowe

Emerging Leaders
Towards community-owned institutions

Third: Direct CIVIC Engagement

- Still responsible to effect downstream change as best we can

- Downstream planning opportunities as learning labs & case studies

- Engage all cohorts (youth, collaboratives, emerging leaders, students)

- Don't let short-term timelines impede long-term capacity building

Health Care & Planning:

What is our respective *kuleana* for fostering upstream and sustainable community agency?

What is our role in fostering the Social Determinants of <u>Community</u> Health?   Community Agency over the Social Determinants of <u>Individual</u> Health?

How do we work together?

Thank you!

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